

LEADERSHIP & MANAGEMENT | COURSE BROCHURE

Women in Leadership: Influence, Visibility and Career Strategy

5 days | Classroom training | English

SMART HORIZON

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https://smarthorizon.uk



Course content

Why attend

This course supports women professionals and leaders in advancing their careers and increasing their impact. It explores leadership identity, strategic visibility, influence, negotiation for career outcomes, building networks and sponsorship, and managing barriers and bias in the workplace. Through self-assessment, practical exercises and peer learning, participants develop confidence and a clear career strategy. The course is open to all who wish to support and develop women leaders.

Talented women are often under-represented in senior roles, not because of ability but because of visibility, sponsorship and organisational barriers. This course helps you build influence, advocate for your career and lead authentically.

Professional Problems This Course Is Designed to Solve

• Difficulty translating subject knowledge into practical workplace decisions.
• Inconsistent approaches to the activities covered in the course outline.
• Lack of a structured plan for applying and reviewing new skills.

Course methodology

The course combines facilitated discussion, self-assessment tools, case studies, influence and negotiation practice, networking exercises and individual career planning.

Course objectives

By the end of this course, participants will be able to:
• Clarify personal leadership identity and strengths
• Build strategic visibility and a professional reputation
• Influence decision-makers with confidence
• Negotiate for roles, resources and recognition
• Develop networks, mentors and sponsors
• Create a personal career strategy and action plan

Target audience

This course is suitable for:
• Women managers and emerging leaders
• Women professionals preparing for leadership roles
• Senior women leaders seeking executive progression
• HR and diversity professionals supporting women's development
• Managers who sponsor women in their organisations



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Target competencies

Participants will develop competencies in:

- Leadership identity
- Strategic visibility
- Influence
- Career negotiation
- Networking and sponsorship
- Career planning

Course outline

Day 1: Leadership Identity

09:00–09:54	Defining your leadership style and values
09:54–10:48	Strengths and development areas
10:48–11:00	Confidence and self-belief
11:00–11:30	**Coffee break**
11:30–12:12	Confidence and self-belief (continued)
12:12–13:06	Authentic leadership
13:06–14:00	Exercise: Leadership identity statement

Day 2: Visibility and Personal Brand

09:00–09:54	Why visibility matters for progression
09:54–10:48	Communicating achievements effectively
10:48–11:00	Speaking up in meetings
11:00–11:30	**Coffee break**
11:30–12:12	Speaking up in meetings (continued)
12:12–13:06	Personal brand inside and outside the organisation
13:06–14:00	Workshop: Personal visibility plan



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Day 3: Influence and Negotiation

09:00–09:54	Influence styles and strategies
09:54–10:48	Negotiating pay, promotion and resources
10:48–11:00	Handling push-back
11:00–11:30	**Coffee break**
11:30–12:12	Handling push-back (continued)
12:12–13:06	Assertive communication
13:06–14:00	Role play: Career negotiation

Day 4: Networks, Mentors and Sponsors

09:00–09:54	Building strategic networks
09:54–10:48	Mentoring versus sponsorship
10:48–11:00	Finding and engaging sponsors
11:00–11:30	**Coffee break**
11:30–12:12	Finding and engaging sponsors (continued)
12:12–13:06	Navigating organisational politics
13:06–14:00	Case study: Career journeys of senior leaders

Day 5: Barriers and Career Strategy

09:00–09:54	Recognising bias and structural barriers
09:54–10:48	Resilience and wellbeing
10:48–11:00	Balancing responsibilities
11:00–11:30	**Coffee break**
11:30–12:12	Balancing responsibilities (continued)
12:12–13:06	Setting career goals
13:06–14:00	Capstone: Personal career strategy

The timings provided are estimates and may vary depending on the number of participants and the discussions taking place during the



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sessions. They are indicative only and do not constitute a binding commitment.

Dates, venues and fees

Current published course plans. Fees are per participant in GBP, excluding unconfirmed taxes.

Venue	Start date	End date	Fee (GBP)
Istanbul Confirmed dates	16 Nov 2026	20 Nov 2026	**£2,650.–**
Online Confirmed dates	16 Nov 2026	20 Nov 2026	**£1,250.–**
Amsterdam Confirmed dates	7 Dec 2026	11 Dec 2026	**£2,540.–**
Online Confirmed dates	7 Dec 2026	11 Dec 2026	**£1,250.–**
Singapore Confirmed dates	14 Dec 2026	18 Dec 2026	**£2,820.–**
Online Confirmed dates	14 Dec 2026	18 Dec 2026	**£1,250.–**
London Confirmed dates	4 Jan 2027	8 Jan 2027	**£2,450.–**
Online Confirmed dates	4 Jan 2027	8 Jan 2027	**£1,250.–**



Course content

Dates, venues and fees (continued)

Venue	Start date	End date	Fee (GBP)
Barcelona Confirmed dates	11 Jan 2027	15 Jan 2027	**£2,840.–**
Online Confirmed dates	11 Jan 2027	15 Jan 2027	**£1,250.–**
Dubai Confirmed dates	18 Jan 2027	22 Jan 2027	**£3,150.–**
Online Confirmed dates	18 Jan 2027	22 Jan 2027	**£1,250.–**
Frankfurt Confirmed dates	1 Feb 2027	5 Feb 2027	**£2,650.–**
Online Confirmed dates	1 Feb 2027	5 Feb 2027	**£1,250.–**
Kuala Lumpur Confirmed dates	15 Feb 2027	19 Feb 2027	**£1,450.–**
Online Confirmed dates	15 Feb 2027	19 Feb 2027	**£1,250.–**
Paris Confirmed dates	1 Mar 2027	5 Mar 2027	**£2,860.–**



Course content

Dates, venues and fees (continued)

Venue	Start date	End date	Fee (GBP)
Online Confirmed dates	1 Mar 2027	5 Mar 2027	**£1,250.–**
Vienna Confirmed dates	8 Mar 2027	12 Mar 2027	**£2,940.–**
Online Confirmed dates	8 Mar 2027	12 Mar 2027	**£1,250.–**
Istanbul Confirmed dates	15 Mar 2027	19 Mar 2027	**£2,650.–**
Online Confirmed dates	15 Mar 2027	19 Mar 2027	**£1,250.–**
Amsterdam Confirmed dates	5 Apr 2027	9 Apr 2027	**£2,540.–**
Online Confirmed dates	5 Apr 2027	9 Apr 2027	**£1,250.–**
Singapore Confirmed dates	19 Apr 2027	23 Apr 2027	**£2,820.–**
Online Confirmed dates	19 Apr 2027	23 Apr 2027	**£1,250.–**



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Dates, venues and fees (continued)

Venue	Start date	End date	Fee (GBP)
London Confirmed dates	3 May 2027	7 May 2027	**£2,450.–**
Online Confirmed dates	3 May 2027	7 May 2027	**£1,250.–**
Cape Town Confirmed dates	10 May 2027	14 May 2027	**£1,890.–**
Online Confirmed dates	10 May 2027	14 May 2027	**£1,250.–**
Dubai Confirmed dates	17 May 2027	21 May 2027	**£3,150.–**
Online Confirmed dates	17 May 2027	21 May 2027	**£1,250.–**
Frankfurt Confirmed dates	7 Jun 2027	11 Jun 2027	**£2,650.–**
Online Confirmed dates	7 Jun 2027	11 Jun 2027	**£1,250.–**
Kuala Lumpur Confirmed dates	21 Jun 2027	25 Jun 2027	**£1,450.–**



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Dates, venues and fees (continued)

Venue	Start date	End date	Fee (GBP)
Online Confirmed dates	21 Jun 2027	25 Jun 2027	**£1,250.-**
Paris Confirmed dates	5 Jul 2027	9 Jul 2027	**£2,860.-**
Online Confirmed dates	5 Jul 2027	9 Jul 2027	**£1,250.-**
Rome Confirmed dates	12 Jul 2027	16 Jul 2027	**£2,450.-**
Online Confirmed dates	12 Jul 2027	16 Jul 2027	**£1,250.-**
Istanbul Confirmed dates	19 Jul 2027	23 Jul 2027	**£2,650.-**
Online Confirmed dates	19 Jul 2027	23 Jul 2027	**£1,250.-**
Amsterdam Confirmed dates	2 Aug 2027	6 Aug 2027	**£2,540.-**
Online Confirmed dates	2 Aug 2027	6 Aug 2027	**£1,250.-**



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Dates, venues and fees (continued)

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Singapore Confirmed dates	16 Aug 2027	20 Aug 2027	**£2,820.-**
Online Confirmed dates	16 Aug 2027	20 Aug 2027	**£1,250.-**
London Confirmed dates	6 Sept 2027	10 Sept 2027	**£2,450.-**
Online Confirmed dates	6 Sept 2027	10 Sept 2027	**£1,250.-**
Cape Town Confirmed dates	13 Sept 2027	17 Sept 2027	**£1,890.-**
Online Confirmed dates	13 Sept 2027	17 Sept 2027	**£1,250.-**
Dubai Confirmed dates	20 Sept 2027	24 Sept 2027	**£3,150.-**
Online Confirmed dates	20 Sept 2027	24 Sept 2027	**£1,250.-**
Frankfurt Confirmed dates	4 Oct 2027	8 Oct 2027	**£2,650.-**



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Dates, venues and fees (continued)

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Online Confirmed dates	4 Oct 2027	8 Oct 2027	**£1,250.–**
Kuala Lumpur Confirmed dates	18 Oct 2027	22 Oct 2027	**£1,450.–**
Online Confirmed dates	18 Oct 2027	22 Oct 2027	**£1,250.–**
Paris Confirmed dates	1 Nov 2027	5 Nov 2027	**£2,860.–**
Online Confirmed dates	1 Nov 2027	5 Nov 2027	**£1,250.–**
Istanbul Confirmed dates	15 Nov 2027	19 Nov 2027	**£2,650.–**
Online Confirmed dates	15 Nov 2027	19 Nov 2027	**£1,250.–**
Rome Confirmed dates	22 Nov 2027	26 Nov 2027	**£2,450.–**
Online Confirmed dates	22 Nov 2027	26 Nov 2027	**£1,250.–**



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Dates, venues and fees (continued)

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Online Confirmed dates	6 Dec 2027	10 Dec 2027	**£1,250.-**
Singapore Confirmed dates	13 Dec 2027	17 Dec 2027	**£2,820.-**
Online Confirmed dates	13 Dec 2027	17 Dec 2027	**£1,250.-**

Plan your next step

Dates, availability, exact venue, taxes, inclusions and payment terms require written confirmation. This brochure is not a quotation, registration, booking confirmation or visa invitation. Participants receive a Smart Horizon UK certificate of attendance; programmes are not externally accredited and do not award a professional qualification or designation. Confirm arrangements before booking travel.

For group or in-house training, contact our learning team to discuss your objectives and delivery arrangements.

Contact Smart Horizon

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View the latest course details online